



## Well Child Care Schedule

A visit with a pediatrician before the baby is born is important for first-time parents, those with high-risk pregnancies, and any other parent who wishes to discuss common issues such as feeding, circumcision, and general questions.

After the baby is born, the next visit should be 2-3 days after bringing the baby home. Thereafter, visits should occur at the following points:

- 1 month
- 2 months
- 3 months
- 4 months
- 5 months
- 6 months
- 8 months
- 10 months
- 1 year
- 15 months
- 18 months
- 21 months
- 2 years
- 2 ½ years
- 3 years
- 4 years
- 5 years
- Each year after that until age 18 – 21, depending on your insurance.

Of course, visits and phone calls to a health care provider should be made any time a baby or child seems ill or whenever the parent is concerned about a baby's health or development.

After 21, you can continue to see Afshid Roozrokh, our nurse practitioner, who is certified in Family Practice and qualified and available for children and for adults. She is in the office five days per week and is also available for Telemedicine visits.